

# Stuck in a lift with...

Jo Johnson



<b>I've been a Freedom to Speak Up Guardian since ..</b>	January 2021
<b>My previous/current role(s) have been</b>	Registered nurse, senior manager and coach and mentor
<b>I became a Freedom to Speak Up Guardian because...</b>	The best places I have worked in work hard to create a culture which fosters openness, learning and have a commitment to safety and improvement. This is what Freedom to Speak up is all about. I have thrived in these environments and want to be part of a cultural shift that moves away from blame and fear towards more joy and person centred ways of working.
<b>Freedom to Speak Up means...</b>	Having a conversation with a compassionate and trained person who is committed to working in partnership and building learning into the organization. Working with the person speaking up to listen and bear witness to their story and to work out together what a successful outcome looks and feels like for the person speaking up.
<b>Who would you like to be stuck in a lift with?</b>	Edith Egar, Michael West and Andrea Bocelli
<b>Early bird or night owl?</b>	Early(ish) bird.
<b>In my spare time, I like to...</b>	Sing karaoke
<b>My lunch is usually...</b>	A late breakfast .... Toast or yoghurt
<b>I take my coffee...</b>	Milky please
<b>What music would you prefer was playing in the lift?</b>	Anything from Andrea Bocelli
<b>My secret talent is...</b>	Experimenting with slow cooker recipes. My husband tells me my slow cooker food beats any pub food!!!!!!!!!!!!!!!!!!!!!!
<b>My top tip for life is...</b>	See people as having potential and not as a problem
<b>My favourite quote is...</b>	'What lies behind us and what lies before us are tiny matters compared to what lies within us'. Oliver Wendell Holmes