

Stuck in a lift with...

Simbi Sibanda

Freedom to
Speak Up
Guardian




I've been a Freedom to Speak Up Guardian since	Nov 2020
My previous role(s) have been	Staff Nurse (RMN) College Lecturer Secondary School Teacher Support Worker
I became a Freedom to Speak Up Guardian because	I enjoy supporting others and I knew that the experience and skills I gained from my previous roles would allow me to make a positive difference. I feel able to listen with curiosity and empathy, I am approachable and able to encourage colleagues to speak up. As a qualified nurse, I can relate when concerns are raised by both clinical and non-clinical staff and can effectively support the organisation to learn from speaking up.
Freedom to Speak Up means	Everyone having the confidence to say something is not right or needs to be made better.
Who would you like to be stuck in a lift with?	I would like to be stuck in a lift with a hairdresser, so they can style my hair differently, many times!
Early bird or night owl?	Bird
In my spare time, I like to	Enjoy nature walks, time with family and read a good book.
My lunch is usually	A pasta salad or mixed bean salad
I take my coffee	3 teas per day will do me good!
What music would you prefer was playing in the lift?	I would play some country gospel
My secret talent is	Sewing machine - I can make my own clothes.
My top tip for life is	You don't need a serious face to do serious business.
My favourite quote is	'Rome was not built in a day'.