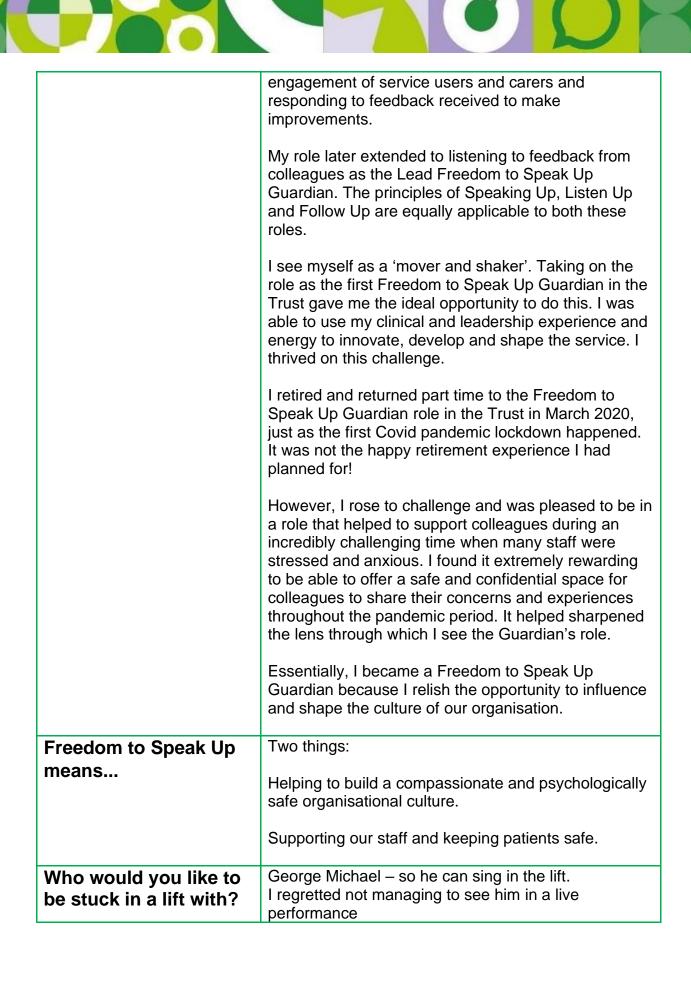
Stuck in a lift with... Annie Ng





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I've been a Freedom to Speak Up Guardian since	I am extremely proud to have been a Guardian in Cambridgeshire and Peterborough NHS Foundation Trust since April 2017.
My previous role(s) have been	I am a registered Occupational Therapist. I currently work part-time. Before this, my full-time role was Head of Patient Experience in the Trust My career to date has been entirely within the NHS, which I am very proud of. I have had clinical roles in a wide range of settings, mostly in mental health during the earlier part of my
	For the past 26 years, I have held a number of senior clinical and operational leadership roles. These roles have included Head of Patient Experience, Allied Health Professions Lead in a Mental Health Trust, Therapy Services Manager in a large acute hospital, Service Development Manager with a lead for quality improvements, Service Manager in older people's mental health service and Occupational Therapy Lead Practitioner.
I became a Freedom to Speak Up Guardian because	I have a passion for quality and excellence in all that I do. I truly believe in the value of using feedback for improving the services an organisation provides. As the Head of Patient Experience, I was leading on the



	B. I.
Early bird or night owl?	Probably somewhere in between – so an early night
	owl.
In my spare time, I like	Cook, eat out, enjoy my garden, travel, seeing live
to	music, walking, snorkeling.
10	,
	Equally enjoy 'doing nothing'
My lunch is usually	Usually, fruit and yoghurt but better still, any food that
	is left over from the night before.
I take my coffee	I don't drink coffee – but I do take tonic with my gin!!
What music would you	Any Blues or Jazz music.
prefer was playing in	,
the lift?	
My secret talent is	Being to cook for a large number of people single-
	handedly without panicking.
My top tip for life is	Always be a glass half full rather than a glass half
	empty.
My favorite quote is	'If you are patient in one moment of anger, you will
	escape a hundred days of sorrow'
	Chinese proverb