

Stuck in a lift with...

Claire Watters



I've been a Freedom to Speak Up Guardian since ..	September 2018
My previous role(s) have been	Team Coordinator Healthcare assistant Short break carer for children with complex health needs
I became a Freedom to Speak Up Guardian because...	I am passionate about speaking up and patient safety. Also wanting to change the culture of the NHS.
Freedom to Speak Up means...	Creating a safe space for staff to raise any concerns they may have
Who would you like to be stuck in a lift with?	Someone that can get me out!
Early bird or night owl?	Early bird
In my spare time, I like to...	Spend time with my family and friends, read and see the sea.
My lunch is usually...	Whatever I can grab!
I take my coffee...	Milky
What music would you prefer was playing in the lift?	90's cheese that I can dance to
My secret talent is...	I am neurodiverse
My top tip for life is...	If it is worrying you, talk about it.
My favourite quote is...	Do as you like to be done by

